

Teens & Money: 52 Money Lessons for Teens

Real money skills. No lectures.



Harper, Sarah, and Jordan VanHoose, authors of the Teens & Money guide

The gift for the teen who has everything except a money plan

A desk-top flip guide of 52 short money lessons plus 3 hands-on challenges, written by financial coach Sarah VanHoose with her two teenage daughters. One lesson a week for a year, or a whole section in one sitting. Every lesson ends with one thing to do.

WHY IT MATTERS

About 90 percent of Sarah's new coaching clients tell her they never learned about money growing up. This is the guide she wishes they had been handed at 16. Starting with Oregon's Class of 2027, every Oregon high school student must complete a personal finance course to graduate.

WHAT EARLY READERS SAY

"Loved so many aspects of this book. There were many solid points that you'd want your teen to know about, and things you wished you had learned at their age. 10/10."

E. Martyn

"I loved the mini action items throughout, asking teens questions or to search things up. Overall a very powerful and useful book for teens."

S. Casler

Book details

Title	Teens & Money: 52 Money Lessons for Teens
Author	Sarah VanHoose, with Jordan and Harper
Publisher	Journey to Influence
ISBN	979-8-9971885-0-4
Format	Wire-O flip guide that stands on a desk, 71 pages
Content	52 lessons, 3 challenges, 8 sections
Price	\$27.99 printed guide. \$32.99 with eBook. \$50.99 two-pack plus eBook. \$9.99 eBook only.
Available	Now at myjourneytoinfluence.com/teens-and-money . Amazon in November 2026.
Parents	Free Parent Guide: landing.myjourneytoinfluence.com/parents
Bulk	myjourneytoinfluence.com/teens-and-money-bulk
Wholesale	Available, contact below

ABOUT THE AUTHOR

Sarah VanHoose is a financial coach, founder of Journey to Influence, and author of Teens & Money. After paying off \$450,000 of debt in 18 months, she built an online and in-person coaching practice with 40+ five-star Google reviews. She co-founded the Financial Coaches Community and lives outside Portland, Oregon, with her husband and their two teenage daughters. Her next book, You Are the Problem, and the Solution, comes out in 2027.

85

copies sold in presale

40+

five-star Google reviews for Journey to Influence

SARAH CAN TALK ABOUT

- Raising money-smart kids: when to start and what to say
- Writing and publishing a guide as a family project
- Paying off \$450,000 in 18 months
- Teen money habits for the holidays and beyond
- Speaking for schools, youth groups, PTAs, and community events